

ETERNAL WISDOM

A nationalist is one who is committed for a healthy nationalism, prosperous and virtuous India, make the nation self sufficient through population control thereby eliminating starvation, poverty, and unemployment. One, who favours a compulsory 100 % voting which would remove corrupt political setup. One who has resolved for the complete development and research of indigenous medicinal treatment –Yoga, Ayurveda, Unani and Siddha medicine, is a true nationalist. One who loves indigenous knowledge- meaning Veda, Indian philosophy, Upanishad etc, indigenous food, clothing and agriculture and is fond of the sage culture of homeland. A nationalist is one who loves indigenous games, art and culture and our ancient language Sanskrit and all Indian languages and takes our national language in high esteem. In terms of entertainment also he should believe in values, ideals and traditions based Indian entertainment. What we mean by nationalism, national religion and politics is all those setup, rules and regulation, ideals and values which help a nation to achieve gaiety, happiness and prosperity and continuous development. Our ideals of nationalism are Lord Ram, Lord Shri Krishna, Chandragupta, Vikramaditya, Emperor Asoka, Tilak Gokhle, Gandhi, Netaji Subhash and ironman Sardar Patel etc. A nationalist is one who does not use foreign or imported goods in everyday living.

2. Valiant: One who takes prompt decisions for national interest and is not afraid to carry out those decisions. Valiant is one who is not a destiny believer but a man of action, he is not superstitious but lives by action, labour, courage and dignity. A valiant will not be slow for works of national interest but will expedite them with a killer instinct. He will struggle to accomplish all pious works in spite of obstacles, he will not be vichlit

due to ninda and without being lured he will finish the works of national interests, such a person is valiant. He believes in doing things impromptu and does not defer it to tomorrow, he believes in the fact that if something can be done tomorrow why it can it not be done today, and if it does not happen today how can we accomplish the same tomorrow? If not now then never. He does not get tired he does not stop, for him rest is uncalled for. Work becomes rest for him. He is one who believes in work culture. He is a true valiant who believes that the tendency of not working is a demonic culture,; “अकर्मा दस्युः” (Veda) and “कुर्वन्नेवेह कर्माणि जिजीविषेत् शतं समाः। एवं त्वयिनान्यथेतोस्ति न कर्म लिप्यते नरः॥” (Yajurveda 40.2) keep performing actions and live for a century, this is the only way to a great life. Work is religion. “स्वकर्मणा तमभ्यर्च्य सिद्धिं विन्दतिमानवः” (Gita) Lord Shri Krishna says worship lord by your actions. Work is worship. “कर्मण्येवाधिकारस्ते मा फलेषु कदाचन” is always the ideal of the valiant.

3. Transparency: One whose life which is untainted, pious, and bedaag, whose personal, familial, personal and social life has been pure, he does not live in double standard but is always alert for guilt free life is a transparent man. Whose internal and external personality does not clash but is complimentary to each other is a transparent person.

4. Visionary: One who rises above the constrictions of caste, state, region, religion, opinion, community and language and respects all caste, talks about the development of his own state or region, respects all languages and all religion, but by doing all this he should not forget the national interest. He should always keep the national language Hindi in highest esteem but at the

same time should respect all Indian languages and also foreign language for conversing and contact. A visionary is one who would always keep national interest above every thing else. One who spreads regionalism, factionalism, communalism and upheaval for regional dialects which in turn spreads hatred and disgust among fellow countrymen just for their momentary interests which spreads fire of disgust are not visionary. Knowledge of foreign language is a good thing for conversation, contact, trade and relations but to make a foreign language our national language is a matter of insult and utter shame. It is our bad luck that in our country these days most of the political leaders ask for votes right through street till Parliament in Hindi but rule in English from the Parliament. They should keep the national interest above their lowly and selfish political interest so that the coming generations would take pride in remembering as an ideal and a national hero.

5. Humanist: Before being a Hindu, Muslim, Sikh or Christian we are a human and our father is the Supreme Being whatever name we call him. God has created us as a human and has sent us on this earth therefore our first and foremost religion is humanity. Love, care, affection, truth and non violence are the spontaneous god gifted features in humans. Therefore, humanity, truth, non violence and love are our basic elements of religion. The external religion should not jeopardize humanity and basic human religion, this is humanity. A believer of these human values is a humanist.

6. Spiritual: He believes in the omnipresent scientific values, ideals and traditions as the religion. He is theist and religious but not blinded by religion. He encompasses all human beings, all flora and fauna, living non living as the form of God and dedicates his entire life towards helping all species living and non living and uplifts society from sufferings. He is a spiritualist. He would rise above all constrictions and love human as they are and would consider entire world as a family. His heart should always have the feeling of “वसुधैव

कुटुम्बकम्” he is a spiritualist. Spiritualism and nationalism are not contradictory thought instead both are important equally important for the complete independence and self security for the people of the country. We are the independent citizen according to global and national system and our moral duty is to secure the independence unity and equality of the country this is the national duty, with this if we put global friendship, world peace, and social security in totality then we are one and we are the children of one God- the supreme being. Therefore, we all being the children of God are brothers and sisters. This is our spiritual philosophy and spiritualism. (the elaborate illustration of the topic is attached with spiritualism.)

7. Humble: The one who reaches the pinnacle of power, property, affluence and knowledge and is still Humble and helps others and believes that the entire world is the creation of the supreme lord. He is a mere creation of the God in the visible world and the God is the master and controller as the invisible power. I am just the creation of God. The one who believes that body soul and mind and money belong to God believes in performing duties and never proud of power is a true polite person. We should lead a life based on these principles and this truth in life.

(2) SPIRITUALITY

Scientific and General form of Spiritualism, Religion and Culture

All our followers are thoroughly dedicated to Ashtangyoga viz sadhakyam, niyam (principle), asana, pranayam(breathing and debreathing), pratyahar (daily diet), dhaarna (belief)and dhyan and Samadhi (meditation) and complete Indian religion , philosophy, spiritualism and cultural traditions propagated by the sages we are completely loyal and bound towards it. the five rules propagated by maharishi Patanjali truth non violence asteya, brahmcharya, and aparigrah and also daily nature routine, contentment, meditation, self analysis and

regular prayer to the almighty, we should accept these as the general, scientific and global religion and has to be accepted by mind word body and soul. Going against the rule violence, lie and theft doing or favoring the same is a crime and a sin. India is a land of multifaceted cultural traditions. Thereby we take all the general and scientific truth among the different religion, spiritualism, and scientific facts as our religion. But the superstitions, pomposity ostentatiety and all unscientific things are not believed upon because we are religious and not fanatics blinded by religion. We are not the missionaries or propagator of the factual religion but take religion as a way of life. We consider religion as non violence, truth, love, affection, help, forgiveness and contentment. Quran, Bible and Gurugranth sahib reflect the same values of religion as non violence and peace. Our personal faith may be associated with any community, sect religion or caste but when we associate our self in the national context we are not divided in different sects but believe in worshipping the supreme lord. We are a believer and not a non believer of God. The God has different names in different languages- Hindi, English, Arabic, Punjabi or Sanskrit. Out of all these names we prefer to associate God with the word Om because this is the oldest and a scientific word. Om is a generally accepted scientific word. Om is there in all Indian philosophy, cultures of different countries, in one form or the other like Amen, Omen etc. after a thorough research on Om it has been found that Om is a pious, scientific, and a word for medical treatment. It is not a symbol of any religion or idol. In short we believe in nationalism, spiritualism and idealism. We do not believe in any state or any religion. We believe in nationalism, humanism and spiritualism.

(3) IDEALISM

Seven Principles of Idealism

Vegetarianism, health, dedicated, without bad habit, capable, and non political life, yoga and committed to

national interest minimum for one to two hours everyday. These are the seven limitations with whom we are associated with our personal life and conduct. If we do not have purity, brotherhood and nationalism in our daily life and if we are not healthy committed and capable and politically correct then we cannot think of nation without corruption, crime and cannot make democratic society and nation. Our prominent yoga teachers, co teachers, deputy teachers and volunteers Yoga teachers if all of them observe these seven limitations and work toward purity in personal life, politeness, and transparency and only then they can take forward the national character.

The meaning of non political life is that our yoga teacher will not lead any political party nor help any special party directly or indirectly. Our political philosophy is – independent and non independent i.e. to give emotional support to the people who are transparent, with good character, brave, and nationalist. But must remember not to give direct support to nationalist or honest political leaders. Not to be associated to any party or ranked officer e.g. generally we give moral support to honest and nationalist officers of headquarters. Similarly our teachers should also give emotional support to possessing good character national leaders. We should not support or oppose any particular party or person this is what is meant by being independent or dependent political party. We are not opposing any particular person or party but our opposition is in principle. Any person who is directly associated with any party cannot be our teacher. He can be our mentor, volunteer, and can be a member of self respect revolution of India. We are not the representative or preacher of any political party. We are the representative and preacher of national religion (Rashtradharm). We should always remember that our complete personality, our speech, conduct, eating habits and communication should be according to sage's pious culture (Rishi Sanskriti) and Yoga Peeth.